Sex Education Policy

Waddesdon Village Primary School – *a Pathway to Excellence*

To be approved by:	Governing Body	**Date:**	November 2026
Last reviewed on:	November 2026		
Next review due by:	November 2027		

1. Policy Statement

At Waddesdon Village Primary School, we believe children should understand the age appropriate facts about human reproduction before they leave primary school.

We define Sex Education as understanding human reproduction of conception, pregnancy and birth.

We intend to teach this in Years 5 and 6.

2. Aims

We aim to ensure that the Sex Education curriculum at Waddesdon Village Primary School offers children the opportunities to:

- Take part in sensitive discussions in a safe environment.
- To continue to Learn about puberty (please see RSHE policy) and link this to pupils understanding of sexual development and conception.
- Develop their feelings of self-respect, confidence and empathy.
- Learn and use correct vocabulary to describe themselves and their bodies.

3. Statutory Guidance

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education

DfE information for parents:

https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf

4. Teaching and Learning

High quality Sex Education will support pupils to:

- be taught factual and correct information about how a baby is conceived and born;
- dispel myths and incorrect information about sex and how a baby is conceived and born;
- understand that all intimate relationships should be consensual and based on love and respect;
- understand the law and be taught that intimate relationships are for consenting adults;
- recognise unhealthy relationships, inappropriate behaviour and to report concerns or abuse,(including signposting to trusted online support services such as Childline);
- ask a trusted adult rather than go on line with regards to any concerns or questions they may have and avoid viewing any inappropriate material or entering into social media conversations.

We have developed the curriculum in consultation with parents, pupils and staff taking into account the age, needs and feelings of pupils.

Sex Education is delivered in Year 5 and Year 6 at this school and will focus on conception, pregnancy and birth. This is in addition to the statutory science curriculum, Relationship Education and Health Education which is detailed in the Science, RSHE and Relationship policies.

The Sex Education curriculum is detailed in appendix 1.

All children will receive the same information although some lessons will be delivered to same gender groups to allow more time for gender specific discussion and questions.

A minimum of two adults will be present during the lessons. These lessons will be taught during the summer term.

5. Managing Difficult Questions

All aspects of RSHE are underpinned by shared and understood ground rules (Appendix 2) with lessons being delivered in a safe and well managed environment. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an individual or group basis. A question box is available for pupils who do not feel confident to ask questions or wish to have a separate conversation with a member of staff. Given ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information. We also respect that some questions are better addressed at home with parents/ carers and the school will share information with parents/carers on an individual basis should the need arise.

If pupils ask difficult or sensitive questions outside of the scope of this policy, teachers will answer as factually and as simply as possible. They will be responsive to children's curiosity by providing age-appropriate answers which do not leave children vulnerable or confused.

Whilst it is vital to have trust and openness we cannot offer total confidentially to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures.

6. Confidentiality and safeguarding

Any personal disclosures made by pupils will be followed up in accordance with the school's child protection policy. Teachers will report any safeguarding concerns to the DSL and share concerns with parents/carers according to the school's safeguarding procedures.

7. Roles and Responsibilities

The Governing Body will approve the policy and hold the Headteacher to account for its implementation.

The Headteacher is responsible for ensuring RSHE including Sex Education is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The RSHE lead is responsible for leading and managing the subject. Teachers are responsible for delivering RSHE.

Pupils are expected to fully engage with RSHE provision including Sex Education and treat each other with respect.

8. Working with parents and carers

We keep parents/carers informed about when Sex Education will take place. We offer dedicated parent sessions for parents/carers to view materials used as detailed in Appendix 1.

Parents/carers right to withdraw

As Sex Education is not statutory at primary school, parents and carers have the right withdraw their child from Sex Education. We encourage parents/carers to make an appointment to come in and speak to the class teacher about any concerns they may have.

Requests for withdrawal should be put in writing using the form in Appendix 3. The form should then be sent to the school office where it will be forwarded to the Headteacher.

Parents and carers do not have the right to withdraw their child from statutory Relationships Education and Health Education (including the changing adolescent body/puberty) or from the statutory Science curriculum which includes, human development and animal and plant reproduction.

9. Monitoring, evaluation and training

Sex Education will be monitored and evaluated by the RSHE lead, SLT and Governors in line with the monitoring cycle agreed by the school. The Sex Education policy will be reviewed annually.

To ensure staff are confident to deliver all aspects of the RSHE curriculum including Sex Education, access to online, in school, local and national training will be made available in accordance with the school's CPD programme for staff development.

Appendices

Appendix 1:

Class	Theme	Resources (some or all may be used or appropriate alternatives as required)	Vocabulary
5	Recap on puberty *(will have been taught to all year 5 children as part of the statutory curriculum)*	Presentation created by school nurses from Buckingham Healthcare NHS Trust aimed at education children in years 5 and 6. Jigsaw scheme resources including PowerPoint diagrams and Jigsaw animations: Male/Female Reproductive Systems. NHS menstrual cycle video https://www.nhs.uk/video/pages/menstrualcycleanimation.aspx	Puberty Hormones Menstruation Periods Sanitary towels Sanitary pads Tampons Breasts Ovary Vagina Fallopian tubes Clitoris Womb/Uterus Penis Sperm Semen Testicles/Testes Erection Ejaculation Wet dream Larynx Facial hair Growth spurt Hormones
	Conception	Jigsaw scheme: Conception lesson (4) including Animations: The Female Reproductive System and The Male Reproductive System and PowerPoint slides: A Baby in the Womb BBC Human reproduction clip (conception) https://www.bbc.co.uk/bitesize/clips/zpmqxnb	Relationships Conception Making love Sexual intercourse Fallopian tube Fertilisation Pregnancy Embryo Umbilical cord Contraception Consent Fertility treatment (IVF)
	Pregnancy	Jigsaw scheme: Conception lesson (4) Reproductive System and PowerPoint slides: A Baby in the Womb	
6	Recap on puberty *(will have been taught to all year 6 children as part of the statutory curriculum)*	Presentation created by school nurses from Buckingham Healthcare NHS Trust aimed at education children in years 5 and 6. Puberty related links and clips on becomingateen.com Jigsaw scheme resources including PowerPoint diagrams and Jigsaw animations: Male/Female Reproductive Systems. NHS menstrual cycle video https://www.nhs.uk/video/pages/menstrualcycleanimation.aspx	Puberty Physical Emotional Hormones Hygiene Pubic Hair Breasts Nipples Menstruation/Period Vagina Womb/Uterus Fallopian Tube Clitoris Egg

		Jigsaw scheme: Puberty lesson, Jigsaw animations: Male/Female Reproductive Systems.	Ovulation Sanitary Towel Tampon Penis Testicles Semen Sperm Erection Wet Dream Masturbation
	Conception & pregnancy	Presentation created by school nurses from Buckingham Healthcare NHS Trust aimed at education children in years 5 and 6. Jigsaw animations: Male/Female Reproductive Systems. Conception explained https://www.youtube.com/watch?v=DGyRD9HnXVs&safe=active Human reproduction BBC clip https://www.bbc.co.uk/bitesize/clips/zpmqxnb	Relationship Sex Sexual intercourse Making love Conception Consent Fertilization Pregnant
	Pregnancy and birth	Presentation created by school nurses from Buckingham Healthcare NHS Trust aimed at education children in years 5 and 6. Life in the womb (9 months in 4 minutes) https://www.youtube.com/watch?v=K7kaw40pPYw&safe=active Jigsaw scheme: Babies – conception to birth lesson (3) including Jigsaw animations: Male/Female Reproductive Systems & PowerPoint slides of a baby developing in the Womb.	Pregnancy Reproduction Embryo Foetus Placenta Umbilical cord Labour Contractions Cervix Midwife

Appendix 2:

Ground Rules

Work with pupils to establish ground riles that will increase their feelings of safety and comfort during classes

Ground rules to be included:

- No personal questions or sharing of private information.
- You have the right to pass on a question.
- No question is silly.
- Use dictionary words whenever possible.
- Post the list in the classroom and refer to it as needed.

G...Giggling is okay but laughing at others is not

R...Respect for myself and others is important

O...Option to pass on answering questions is available to all

U...Use dictionary words when describing the body

N...No question is a silly question!

D...Do use "Someone I know…" instead of the person's name

Appendix 3:

Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	