

SPaG Activity – Friday 26th June

Keeping yourself safe around water

There are 15 errors in this passage – can you find them all?

Keeping yourself safe around water is incredibly important, whether your swimming in a pool, visiting the seaside, or walking near a river. One of the first things to remember is to always have an adult with you when your near water, especially if your planning to swim. Adults can keep an eye on you and help if something goes wrong. Its also essential to check for warning signs or flags, which might tell you if the water is unsafe due to strong currents, deep areas, or pollution. Never ignore these signs as they are there to protect you.

When your in the water, make sure you know your limits and don't try to swim to far or in areas your not familiar with. Even strong swimmers can get tired or caught in currents, so its best to stay close to the shore or the edge of a pool. If your at the beach, be aware of tides and waves as they can change quickly and catch you of guard. Wearing a flotation device, like a life jacket, can be a good idea if your not confident in your swimming ability or if your on a boat.

Finally, its important to learn basic water safety skills, such as how to float, tread water and recognise when someone is in trouble. If you see someone struggling in the water, don't jump in to help them unless your trained to do so, as this can put you in danger too. Instead call for help immediately and try to throw them something that floats like a life ring or a buoy. By following these safety tips you can enjoy being around water while staying safe and confident.