

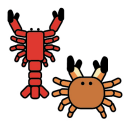
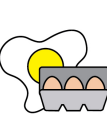

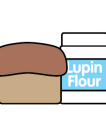

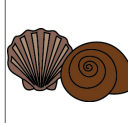








DISHES AND THEIR ALLERGEN CONTENT – Fresh Start Catering LTD WEEK A term 6 2026

Key **Y = Contains** **M= May contain**

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
50/50 Bread		Y											M	
Caribbean Style Curry & rice														
Cheese and tomato Pizza		Y					Y						M	
Yoghurt fruit coulis and Granola		Y					Y							
All day Breakfast Bacon				Y			Y							
Veggie all day Breakfast													Y	
Pear and honey cake		Y		Y									M	
Chicken, roast potatoes Yorkshire pudding		Y		Y			Y							
Spring vegetable wellington with new potatoes		Y				M			M				M	
Yoghurt with peaches							Y							

Beef bolognese Pasta Bake		Y					Y							
Spinach and chickpea curry & Rice														
Chewy chocolate & courgette biscuits		Y												
Breaded fish fingers		Y			Y									
Falafel with lemon mayo														
Jelly														

Review date:
22/05/2026



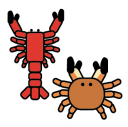
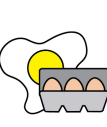
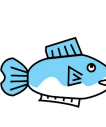
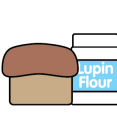

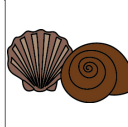






Reviewed by: K Quist



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www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – Fresh Start Catering Ltd WEEK B term 6 2026

Key **Y = Contains** **M = May contain**

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
50/50 Bread		Y												
Loaded Sweet potato wedges													Y	
Cheese and tomato Pizza		Y					Y						M	
Yoghurt with Granola and fruit coulis		Y					Y							
Chicken Korma and Rice														
Vegetable Korma and Rice														
Lemon Drizzle Cake		Y		Y									M	
Toad in the hole with roast potatoes		Y		Y			Y							Y
Veggie Toad in the hole		Y		Y			Y							

Yoghurt with peaches								Y						
Spaghetti Bolognese		Y												
Veggie Bolognese		Y											Y	
Banana Flapjack		Y												
Battered fish and chips		Y				Y								
Beanie burger and chips														
Jelly														

Review date: 22 May 2026



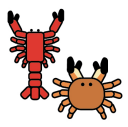
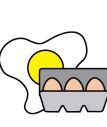
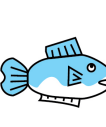
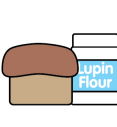

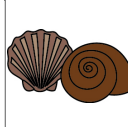






Reviewed by: Kate Quist



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DISHES AND THEIR ALLERGEN CONTENT – Fresh Start Catering Ltd WEEK C term 6 2026

Key **Y = Contains** **M = May contain**

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
50/50 Bread		Y												
Meat free Cottage Pie													Y	
Cheese and sweetcorn Pizza		Y					Y						M	
Yoghurt with Granola and fruit coulis		Y					Y							
Ham and cheese pinwheels		Y				M	Y		M				M	
Pesto pasta		Y												
Apple and blackberry Cake		Y		Y									M	
Chicken, roast potatoes & yorkshire pudding		Y		Y			Y							
Vegetable & bean pot pie		Y				M			M				M	

Yoghurt with peaches								Y						
Sticky BBQ chicken & rainbow rice													Y	
Vegetable chow mein													Y	
Carrot and oat cookie		Y												
Fish fingers and chips		Y			Y									
Veggie sausage and chips													Y	
Jelly														

Review date: 22 May 2026

Reviewed by: Kate Quist



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