

Dreams and Goals

Year R

Lesson	Learning Intentions
Challenge	I understand that if I persevere I can tackle challenges.
Never Giving Up	I can tell you about a time I didn't give up until I achieved my goal.
Setting a Goal	I can set a goal and work towards it.
Obstacles and Support	I can use kind words to encourage people.
Flight to the Future	I understand the link between what I learn now and the job I might like to do when I'm older.
Footprint Awards	I can say how I feel when I achieve a goal and know what it means to feel proud.

Year 1

Lesson	PSHE learning intentions	Social and emotional development learning intentions
My Treasure Chest of Success	I can set simple goals.	I can identify my successes and achievements.
Steps to Goals	I can set a goal and work out how to achieve it.	I can tell you how I learn best.
Achieving Together	I understand how to work well with a partner.	I can celebrate achievement with my partner.
Stretchy Learning	I can tackle a new challenge and understand this might stretch my learning.	I can identify how I feel when I am faced with a new challenge.
Overcoming Obstacles	I can identify obstacles which make it more difficult to achieve my new challenge and can work out how to overcome them.	I know how I feel when I see obstacles and how I feel when I overcome them.
Celebrating My Success	I can tell you how I felt when I succeeded in a new challenge and how I celebrated it.	I know how to store the feelings of success in my internal treasure chest.

Year 2

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Goals to Success	I can choose a realistic goal and think about how to achieve it.	I can identify my successes and achievements and know how this makes me feel.
My Learning Strengths	I persevere even when I find tasks difficult.	I can tell you some of my strengths as a learner.
Learning with Others	I can recognise who I work well with and who it is more difficult for me to work with.	I can tell you how working with other people helps me learn.
A Group Challenge	I can work cooperatively in a group.	I can work with other people to solve problems.
Continuing Our Group Challenge	I can explain some of the ways I worked cooperatively in my group.	I can express how I felt about working in my group.
Celebrating our Achievement	I know how to share success with other people.	I know how being part of a successful group feels and I can store those feelings in my internal treasure chest.

Year 3

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Dreams and Goals	I can tell you about a person who has faced difficult challenges and achieved success.	I respect and admire people who overcome obstacles and achieve their dreams and goals (e.g. through disability).
My Dreams and Ambitions	I can identify a dream/ambition that is important to me.	I can imagine how I will feel when I achieve my dream/ambition.
A New Challenge	I enjoy facing new learning challenges and working out the best ways for me to achieve them.	I can break down a goal into a number of steps and know how others could help me to achieve it.
Our New Challenge	I am motivated and enthusiastic about achieving our new challenge.	I know that I am responsible for my own learning and can use my strengths as a learner to achieve the challenge.
Our New Challenge – Overcoming Obstacles	I can recognise obstacles which might hinder my achievement and can take steps to overcome them.	I can manage the feelings of frustration that may arise when obstacles occur.
Celebrating my Learning	I can evaluate my own learning process and identify how it can be better next time.	I am confident in sharing my success with others and can store my feelings in my internal treasure chest.

Year 4

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Hopes and Dreams	I can tell you about some of my hopes and dreams.	I know how it feels to have hopes and dreams.
Broken Dreams	I understand that sometimes hopes and dreams do not come true and that this can hurt.	I know how disappointment feels and can identify when I have felt that way.
Overcoming Disappointment	I know that reflecting on positive and happy experiences can help me to counteract disappointment.	I know how to cope with disappointment and how to help others cope with theirs.
Creating New Dreams	I know how to make a new plan and set new goals even if I have been disappointed.	I know what it means to be resilient and to have a positive attitude.
Achieving Goals	I know how to work out the steps to take to achieve a goal, and can do this successfully as part of a group.	I can enjoy being part of a group challenge.
We Did It!	I can identify the contributions made by myself and others to the group's achievement.	I know how to share in the success of a group and how to store this success experience in my internal treasure chest.

Year 5

Lesson	PSHE learning intentions	Social and emotional development learning intentions
When I grow Up (My Dream Lifestyle)	I understand that I will need money to help me achieve some of my dreams.	I can identify what I would like my life to be like when I am grown up.
Investigate Jobs and Careers	I know about a range of jobs carried out by people I know and have explored how much people earn in different jobs.	I appreciate the contributions made by people in different jobs.
My Dream Job: Why I want it and the steps to get there	I can identify a job I would like to do when I grow up and understand what motivates me and what I need to do to achieve it.	I appreciate the opportunities that learning and education are giving me and understand how this will help me to build my future.
Dreams and Goals of Young People in Other Cultures	I can describe the dreams and goals of young people in a culture different to mine.	I can reflect on how these relate to my own.
How Can We Support Each Other?	I understand that communicating with someone in a different culture means we can learn from each other and I can identify a range of ways that we could support each other.	I appreciate the similarities and differences in aspirations between myself and young people in a different culture.
Rallying Support	I can encourage my peers to support young people here and abroad to meet their aspirations, and suggest ways we might do this, e.g. through sponsorship.	I understand why I am motivated to make a positive contribution to supporting others.

Year 6

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Personal Learning Goals	I know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal).	I understand why it is important to stretch the boundaries of my current learning.
Steps to Success	I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these.	I can set success criteria so that I will know whether I have reached my goal.
My Dream for the World	I can identify problems in the world that concern me and talk to other people about them.	I recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations.
Helping to Make a Difference	I can work with other people to help make the world a better place.	I can empathise with people who are suffering or who are living in difficult situations.
Helping to Make a Difference	I can describe some ways in which I can work with other people to help make the world a better place.	I can identify why I am motivated to do this.
Recognising our Achievements	I know what some people in my class like or admire about me and can accept their praise.	I can give praise and compliments to other people when I recognise their contributions and achievements.