

Being Me In My World

Year R

Lesson	Learning Intentions
Who...Me?	I understand how it feels to belong and that we are similar and different.
How am I feeling today?	I can start to recognise and manage my feelings.
Being at School	I enjoy working with others to make school a good place to be.
Gentle hands	I understand why it is good to be kind and use gentle hands.
Our Rights	I am starting to understand children's rights and this means we should all be allowed to learn and play.
Our Responsibilities	I am learning what being responsible means.

Year 1

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Special and Safe	I know how to use my Jigsaw Journal.	I feel special and safe in my class.
My Class	I understand the rights and responsibilities as a member of my class.	I know that I belong to my class.
Rights and responsibilities	I understand the rights and responsibilities of being a member of my class.	I know how to make my class a safe place for everybody to learn.
Rewards and Feeling Proud	I know my views are valued and can contribute to the Learning Charter.	I can recognise how it feels to be proud of an achievement.
Consequences	I can recognise the choices I make and understand the consequences.	I can recognise the range of feelings when I face certain consequences.
Owning our Learning Charter	I understand my rights and responsibilities within our Learning Charter.	I can understand my choices in following the Learning Charter.

Year 2

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Hope and Fears for the Year	I can identify some of my hopes and fears for this year. I know how to use my Jigsaw Journal.	I recognise when I feel worried and know who to ask for help.
Rights and Responsibilities	I understand the rights and responsibilities for being a member of my class and school.	I recognise when I feel worried and know who to ask for help.
Rewards and Consequences	I understand the rights and responsibilities for being a member of my class.	I can help to make my class a safe and fair place.
Rewards and Consequences	I can listen to other people and contribute my own ideas about rewards and consequences.	I can help to make my class a safe and fair place.
Our Learning Charter	I understand how following the Learning Charter will help me and others learn.	I can work cooperatively.
Owning our Learning Charter	I can recognise the choices I make and understand the consequences.	I am choosing to follow the Learning Charter.

Year 3

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Getting to Know Each Other	<p>I recognise my worth and can identify positive things about myself and my achievements.</p> <p>I can set personal goals.</p> <p>I know how to use my Jigsaw Journal.</p>	<p>I value myself and know how to make someone else feel welcome and valued.</p>
Our Nightmare School	<p>I can face new challenges positively, make responsible choices and ask for help when I need it.</p>	<p>I recognise how it feels to be happy, sad or scared and am able to identify if other people are feeling these emotions.</p>
Our Dream School	<p>I understand why rules are needed and how they relate to rights and responsibilities.</p>	<p>I know how to make others feel valued.</p>
Rewards and Consequences	<p>I understand that my actions affect myself and others and I care about other people's feelings.</p>	<p>I understand that my behaviour brings rewards/consequences.</p>
Our Learning Charter	<p>I can make responsible choices and take action.</p>	<p>I can work cooperatively in a group.</p>
Owning our Learning Charter	<p>I understand my actions affect others and try to see things from their points of view.</p>	<p>I am choosing to follow the Learning Charter.</p>

Year 4

Lesson	PSHE learning intentions	Social and emotional development learning intentions
Becoming a Class 'Team'	<p>I know my attitudes and actions make a difference to the class team.</p> <p>I know how to use my Jigsaw Journal.</p>	<p>I know how good it feels to be included in a group and understand how it feels to be excluded.</p> <p>I try to make people feel welcome and valued.</p>
Being a School Citizen	<p>I understand who is in my school community, the roles they play and how I fit.</p>	<p>I can take on a role in a group and contribute to the overall outcome.</p>
Rights, Responsibilities and Democracy	<p>I understand how democracy works through the School Council.</p>	<p>I can recognise my contribution to making a Learning Charter for the whole school.</p>
Rewards and Consequences	<p>I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them.</p>	<p>I understand how rewards and consequences motivate people's behaviour.</p>
Our Learning Charter	<p>I understand how groups come together to make decisions.</p>	<p>I can take on a role in a group and contribute to the overall outcome.</p>
Owning our Learning Charter	<p>I understand how democracy and having a voice benefits the school community.</p>	<p>I understand why our school community benefits from a Learning Charter and can help others to follow it.</p>

Year 5

Lesson	PSHE learning intentions	Social and emotional development learning intentions
My Year Ahead	<p>I can identify my goals for this year, understand my fears and worries about the future and know how to express them.</p> <p>I know how to use my Jigsaw Journal.</p>	<p>I feel welcome and valued and know how to make others feel the same.</p>
Being a Global Citizen 1	<p>I know there are universal rights for all children but for many children these rights are not met.</p>	<p>I understand my own wants and needs and can compare these with children in different communities.</p>
Being a Global Citizen 2	<p>I understand that my actions affect other people locally and globally.</p>	<p>I understand my own wants and needs and can compare these with children in different communities.</p>
The Learning Charter	<p>I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities.</p>	<p>I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them.</p>
Our Learning Charter	<p>I understand how an individual's behaviour can impact on a group.</p>	<p>I can contribute to the group and understand how we can function best as a whole.</p>
Owning Our Learning Charter	<p>I understand how democracy and having a voice benefits the school community and know how to participate in this.</p>	<p>I understand why our school community benefits from a Learning Charter and can help others to follow it.</p>

Year 6

Lesson	PSHE learning intentions	Social and emotional development learning intentions
My Year Ahead	<p>I can identify my goals for this year, understand my fears and worries about the future and know how to express them.</p> <p>I know how to use my Jigsaw Journal.</p>	<p>I feel welcome and valued and know how to make others feel the same.</p>
Being a Global Citizen 1	<p>I know that there are universal rights for all children but for many children these rights are not.</p>	<p>I understand my own wants and needs and can compare these with children in different communities.</p>
Being a Global Citizen 2	<p>I understand that my actions affect other people locally and globally.</p>	<p>I understand my own wants and needs and can compare these with children in different communities.</p>
The Learning Charter	<p>I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities.</p>	<p>I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them.</p>
Our Learning Charter	<p>I understand how an individual's behaviour can impact on a group.</p>	<p>I can contribute to the group and understand how we can function best as a whole.</p>
Owning our Learning Charter	<p>I understand how democracy and having a voice benefits the school community.</p>	<p>I understand why our school community benefits from a Learning Charter and how I can help others to follow it by modelling it myself.</p>