



A Pathway to Excellence

## Waddesdon Village Primary School

School Lane, Waddesdon, Aylesbury, Bucks, HP18 0LQ

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03 March 2025

Dear Parents and Carers,

### **Re: Whole School: 'Eat them to defeat them' Event - w/c 10th March 2025**

We're delighted to let you know that this year, Waddesdon Village Primary School will be taking part in 'Veg Power's Eat Them to Defeat Them' campaign. The campaign is aimed at supporting children to enjoy trying and eating a range of vegetables in order to develop life-long healthy habits.

During the week commencing Monday 10th March 2025, each of the children will be given the mission of defeating the evil vegetables... by eating them! We will be taking part in themed lessons and encouraging the children to try as many different vegetables as possible (all dietary and allergy information will be adhered to as usual, in line with our school policies). Every child will get their own Mission Pack, which will include a sticker chart so they can continue their explorations at home.

We have attached the parent information flyer produced by the campaign. If you would like to find out more information about the campaign and for lots of ideas about how to encourage your child to enjoy vegetables at home, please look at the families' page of the Eat Them to Defeat Them website:

### **[Families - Eat Them To Defeat Them](#)**

If you have any questions then please email the School Office.

Thank you for your support as we prepare for victory!

Kind regards,

Mrs Pullinger

Class 1 Teacher and PSHE Lead



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