



Waddesdon Village Primary School

School Lane, Waddesdon, Aylesbury, Bucks, HP18 0LQ

Headteacher: Laura Forchione BA

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A Pathway to Excellence

Tuesday 07 May

Dear Parents & Carers,

Re: Class 5 – SRE Lessons (Summer Term 2)

Nowadays, there is a vast amount of, sometimes confusing, information about relationships and sex on the internet, on TV, in magazines, etc. which young people may have access to, and this can sometimes make an already confusing time seem even more complicated! Therefore, as part of the school's Personal, Social and Health Education programme your child will receive lessons on relationships, sexual health and puberty in Summer 2 term.

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.



Registered Charity Number 1191949



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The lessons are from the 'Jigsaw' PSHE programme (a scheme used in primary schools nationally) in a unit entitled 'Changing Me' and the Buckinghamshire Healthcare Trust. All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in a sensitive manner. Some lessons will be taught to boys and girls separately to allow the children time to explore gender-related questions together.

You are welcome to contact your child's class teacher to discuss the programme or to view any of the teaching materials used.

Parents can withdraw their children from some of the sex education lessons that do not form part of the statutory National Curriculum. If you wish to withdraw your child from these sessions within the school's sex and relationship education programme, please contact myself or Mrs Morris.

Yours sincerely,

Mrs Leslie

Deputy Headteacher



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