

PSHE Curriculum Overview 2024 - 2025

	<u>Autumn 1</u>	<u>Autumn 2:</u>	<u>Spring 1</u>	<u>Spring 2:</u>	<u>Summer 1</u>	<u>Summer 2</u>
EYFS	Managing Self See EYFS Overview for more information.		Building Relationships See EYFS Overview for more information.		Self-Regulation See EYFS Overview for more information.	
C1	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Friendships</i> and <i>Gender Stereotypes</i>	<u>Health and Wellbeing</u> Including <i>Sun Safety</i> and <i>Allergies</i>	<u>Citizenship</u> Including <i>Rules</i> and <i>Similarities and Differences</i>	<u>Economic Wellbeing</u> Including <i>Saving and Spending</i>	<u>Safety and the Changing Body</u> Including <i>Making an emergency phone call</i> and <i>Safety with substances</i>
C2	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Unhappy Friendships</i> and <i>Change and Loss</i>	<u>Health and Wellbeing</u> Including <i>Looking after our teeth</i> and <i>Healthy Diet</i>	<u>Citizenship</u> Including <i>Rules beyond school</i> and <i>Giving my opinion</i>	<u>Economic Wellbeing</u> Including <i>Wants and Needs</i>	<u>Safety and the Changing Body</u> Including <i>Secrets and Surprises</i> and <i>Appropriate Contact</i>
C3	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Friendship Conflicts</i> and <i>Respecting Differences</i>	<u>Health and Wellbeing</u> Including <i>Resilience</i> and <i>My Healthy Diary</i>	<u>Citizenship</u> Including <i>Rights of the Child</i> and <i>Charity</i>	<u>Economic Wellbeing</u> Including <i>Ways of Paying</i>	<u>Safety and the Changing Body</u> Including <i>First Aid Emergencies</i> and <i>Influences</i>
C4	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Respect and Manners</i> and <i>Stereotypes: Disability</i>	<u>Health and Wellbeing</u> Including <i>Celebrating Mistakes</i> and <i>Mental Health</i>	<u>Citizenship</u> Including <i>What are Human Rights?</i>	<u>Economic Wellbeing</u> Including <i>Influences on Career Choices</i>	<u>Safety and the Changing Body</u> Including <i>Introducing Puberty</i>
C5	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Marriage and Family Life</i>	<u>Health and Wellbeing</u>	<u>Citizenship</u> Including <i>Breaking the Law</i> and <i>Parliament</i>	<u>Economic Wellbeing</u> Including <i>Risks with Money</i>	<u>Safety and the Changing Body</u> Please see separate RSE Policy

			Including <i>The Importance of Rest and Sun Safety</i>			
C6	The Zones of Regulation	<u>Family and Relationships</u> Including <i>Respect and Resolving Conflict</i>	<u>Health and Wellbeing</u> Including <i>The Impact of Technology on Health</i>	<u>Citizenship</u> Including <i>Prejudice and Discrimination and National Democracy</i>	<u>Economic Wellbeing</u> Including <i>What Jobs are Available?</i>	<u>Safety and the Changing Body</u> Please see separate RSE Policy